

Penney Punch

2nd Semester Information and Schedule

Penney Punch is a program offered at PHS each semester to provide students with additional learning opportunities. A variety of activities and sessions have been scheduled for Wednesday, March 11th and one activity for Tuesday, March 10th. Students must sign up on the library bulletin board.

Students need only to complete two hour long sessions to be eligible for the off campus lunch, but are welcome to attend more.

Students who participate in 2 sessions (one hour each), will be eligible for an off campus lunch scheduled at a later date. Transportation is provided for Freshman and Sophomores.

Session activities:

Tuesday, March 10th 5:30-6:30 p.m. New Gym-

****Introductory yoga** with Studio Inertia. Life strategy for better physical and mental health. Please bring an exercise mat or towel. The session is free to PHS students, but you must sign up ahead of time.

Wednesday, March 11th - various classrooms in the HS. 5:00 p.m.- 9:00 p.m.

(See schedule below for times) *Students do not need to attend all 4 hours to be eligible for the reward.

- ****Life Hacks!** Interactive stress management session by Professor Jacqueline Kibler from Northwest Missouri University. She will chat about 1. Why teens are so stressed. 2. Why teens feel more anxious and depressed than adults. 3. What teens can do to help themselves and their friends.
- **LA1 Essay Help** with Ms. Hensley
- **Algebra 1 Tutoring** with Mrs. Ernat
- **Math Tutoring** with Mrs. Bolling
- **Bio 1, Bio 2, Anatomy tutoring and review activities** with Ms. Gundy
- **Physical Science tutoring** with Ms. Kanoy
- **Writing lab/ Research paper Assistance-** Mrs. Wattenbarger, Mrs. Ford, Mr. Crawford
- **American History Test Review** - Mr. Sartorius
- **Algebra 2 and College Algebra Tutoring-** Mr. J. Schieber
- **College History Lab-** Mr. Crawford
- **ACT Bootcamp-** Mrs. Kanoy
- **Cooking lab-** Make a treat to eat or take home! Ms. Lasher, Ms. Phillips, Ms. Prather
- **STEM activities**
- **Sewing/ craft activity. (TBA)** with Mrs. Scheiber. Students will learn basic crocheting and/or needlework skills.
- **Topics in History** - Interactive sessions with Mrs. Crawford.
- **Open library** for LA 4 students to access research materials.

**** Sessions- Students who attend these sessions will have their name entered into a drawing on the off campus lunch date. (Five \$10 lunches will be given out)**

Contact Kalen Prothero for more information about Penney Punch.

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**Penney Punch Schedule of Events
Wednesday, March 11th**

Tuesda y 5:30- 6:30	Wednesday 5-6	Wednesday 6-7	Wednesday 7-8	Wednesday 8-9
Yoga in New Gym * Free to PHS students, but you must sign up in the HS library.	Anatomy- Gundy	Life Hacks! * Phillips/Lasher	Alg. 2 tutoring- J. Schieber	
	STEM- Kanoy/Kraber	LA 1- Essay help Hensley	LA 1- Essay help Hensley	
	Alg. 1 Ch. $\frac{2}{3}$ - Ernat	Alg. 1 Ch. $\frac{3}{4}$ - Ernat	Bio 2- Gundy	
	Cooking lab- Lasher/Phillips	Math Tutoring Bolling	Math Tutoring Bolling	College Algebra- J. Schieber
		Bio 1 Gundy	Crawford- College History lab	Crawford - People in history
		Physical Science tutoring- Kanoy Homework help- Kraber (in Kanoy's room)	ACT - Kanoy Homework help- Kraber (in Kanoy's room)	
			Crochet or embroidery? T.Schieber	
			Cooking lab- Lasher/ Phillips	
		Writing lab/ research paper help- Computer lab Wattenbarger/ Ford/ Crawford	Writing lab/ research paper help- Computer lab Wattenbarger/ Ford	
		American History Test Review- Sartorius	American History Test Review- Sartorius	